



## **Influence of Water Quality on Distribution Patterns and Diversity of *Enteromius* Fish Species in Small Water Bodies of Uasin Gishu County, Kenya**

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### **Abstract**

*The Enteromius species are a widely distributed group of freshwater fishes in Africa. However, their abundance and diversity are affected by environmental quality. This study therefore investigated the relationship between water quality variables and Enteromius assemblages in eight (8) small water bodies in Uasin Gishu County, Kenya. Selected insitu and lab analyzed physico-chemical water quality variables were determined across the reservoirs. Fish species were also collected from the different reservoirs for identification and enumeration. All the determined variables; temperature, dissolved oxygen, total dissolved solids, total suspended solids, salinity, pH, conductivity, turbidity, ammonia, nitrites, nitrates, total phosphorous, and total nitrogen were significantly different ( $p < 0.05$ ) across the reservoirs. A total of 756 fish individuals from five species; *Enteromius apleurogramma*, *Enteromius cercops*, *Enteromius neumayeri*, *Enteromius paludinosas*, and *Enteromius yongei* were recorded. *Enteromius neumayeri* was the most abundant while *Enteromius yongei* recorded the least abundance with only 19 individuals. Fish abundance and diversity was significantly different across the reservoirs. Species richness differed among the reservoirs with Chebara recording the highest number of taxa (3 taxa) while Chepkosom, Ellegrin, Kerita and Kesses recording one taxa each. All the sampled *Enteromius* fish species had negative allometric growth ( $b < 3$ ,  $t$ -test,  $p < 0.05$ ). Nonetheless, they were all in good growth condition ( $Kn > 1$ ). The differences in species diversity and richness in the study can be attributed to variation in the tolerance level of environmental degradation due to anthropogenic impacts observed. Biodiversity is important for the future sustainability of natural resources that include commercial fisheries. Fish species distribution is also an important indicator of ecological health as the abundance and health of fish indicate the health of the water bodies. Given that there was no single reservoir that supported all the *Enteromius* fish diversity in healthy and sustainable populations, conservation and protection of all the reservoirs in Uasin Gishu is crucial.*

**Keywords:** Anthropogenic activities, biodiversity, environmental variables, fisheries

## INTRODUCTION

Spatial patterns of diversity, distribution and composition of species of freshwater fishes give insights into factors influencing the structure of the fish community (Ren *et al.*, 2016). It reflects the factors that drive their spatial patterns including water quantity and quality, habitat quality, biotope suitability and availability for different species, and the relative abundance of autochthonous and allochthonous food resources (Englmaier *et al.*, 2020). Furthermore, the diversity of fish species is often used as a biological indicator, due to the ability of fishes to respond differently to changes in water quality (Zainudin, 2005; Hamzah, 2020). Understanding the mechanisms that drive the spatial patterns and the abundance of these communities is fundamental to the conservation of biological diversity (Vergés *et al.*, 2011; Adeoba *et al.*, 2019; Namiq & Mahmood, 2019). Furthermore, knowledge on how these fish communities respond to water quality changes and habitat stressors is important when evaluating the anthropogenic use of water resource (Schinegger *et al.*, 2016; Gieswein *et al.*, 2017; Schinegger *et al.*, 2018). This is especially important for the genus *Enteromius*, with many species that require diverse ecological conditions and habitats.

The small-sized, African Smiliogastrin minnow of the genus *Enteromius* is a small to medium-sized cyprinid fish native to Afrotropical areas, where it is widely distributed. The natural habitats colonized by *Enteromius* species are rivers, swamps, fresh water lakes, inland deltas, dams/reservoirs and freshwater marshes (Kambikambi *et al.*, 2021), where they are exploited for food, as well as enhancing biodiversity. Earlier studies (Ochumba & Manyala, 1992; Okeyo, 2014; Ndeda *et al.*, 2018) have reported Barbs as important biodiversity component of the Lake Victoria drainage Basin (LVD) in Kenya, and play a significant role in food security and socioeconomic development of the local community. A total of 250 *Enteromius* species have been fully described, but many others await identification and description (Prokofiev *et al.*, 2021). Common species of this genus within East Africa include: *Enteromius cercops* (Whitehead, 1960), *E. neumanyeri* (Fischer, 1884), *E. apleurogramma* (Boulenger, 1911), *E. yongei* (Whitehead, 1960), and *E. paludinosus* (Peters, 1852).

These species occupy diverse ecological conditions and habitats. *Enteromius yongei* are mainly found in streams and rivers during floods, in floodwater pools during dry season and mainly feeds on debris, algae, higher plant material, insects and other organisms (Froese & Pauly, 2010). *Enteromius apleurogramma* have been reported to be found in pools near papyrus vegetation and in smaller bodies of water or near the margins of rivers and they mainly feed on insect larvae (Froese & Pauly, 2010). *Enteromius cercops* feeds on insects, but they have also been reported to feed on algae and debris (Froese & Pauly, 2010). *Enteromius paludinosus* and *E. neumanyeri* on the other hand, are hardy, prefers quiet, well-vegetated waters in lakes, smaller bodies of water, swamps, and marshes or marginal areas of larger rivers and slow-flowing streams. They mainly prefer where the bottom is sandy and they are bottom feeders. They feed on a wide variety of small organisms including insects, small snails and crustaceans, algae, diatoms, and detritus (Froese & Pauly, 2010).

Habitat quality is crucial for most of the Barbs and therefore food resources influence the distribution and abundance of *Enteromius* fish species (Ndeda *et al.*, 2018). Environmental stability, which is influenced by factors such as thermal regimes and stratification, availability of food and suitable breeding areas and the existence of specialized habitats determines suitability of reservoirs for fish (Nagrodski *et al.*, 2012). Habitat degradation takes diverse forms, such as, pollution and siltation that promote proliferation of undesirable aquatic flora, fragmentation and excessive abstraction of water from reservoirs. These, combined with overfishing and the effect of exotic fishes often negatively affect the

distribution and abundance of fishes in reservoirs (García *et al.* 2011; Tamario *et al.*, 2019). Reservoirs experience extensive fluctuations in water level as well as the degradation the quality of their physical and chemical characteristics and these adversely affects habitat quality thus influencing the distribution and abundance of fish in them (Nhiwatiwa & Marshall 2007; Benejam *et al.*, 2008).

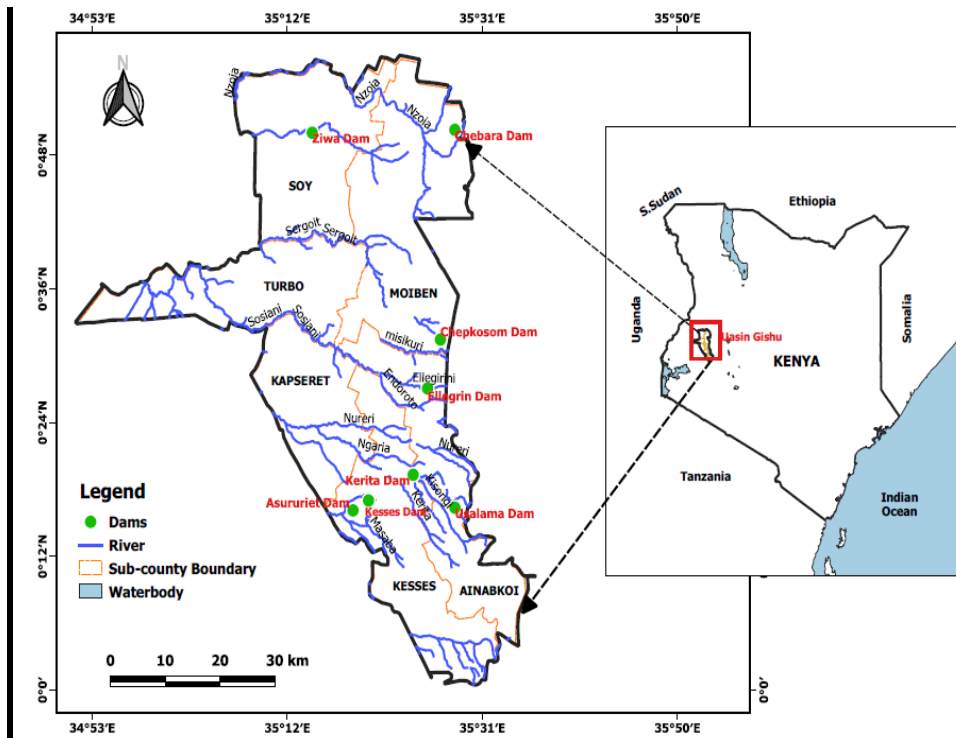
Small water bodies (SWB) cover 2.5% of Kenya's total area; with fish production from them estimated at 2000kg/ha for natural systems and 9000 kg/ha for intensive ones (Mwaura, 2006). Although small water bodies (SWBs) have a high potential for aquaculture production due to their sizes, proximity to local communities, and ease of improved management especially from cage fish culture, they remain relatively under-utilized in this respect (FAO, 1994). In Uasin Gishu, small water bodies were constructed before independence in the former white highlands, for livestock and irrigation by whites. They are however currently facing challenges such as pollution due to increased anthropogenic activities around them and degradation by agricultural activities as well as from livestock utilizing them as water points. Most of the reservoirs have shrunk in size due to siltation, and invasion by papyrus, but they host different fish species, and support domestic and agricultural activities.

There is ample information on fish biology and fisheries of large commercially important species (mainly *Oreochromis niloticus* i.e. Ochieng *et al.*, 2012; Matolla, 2015; Gichuru *et al.*, 2019; and *Clarius gariepinus* i.e. Anam, 2009) within selected reservoirs in Uasin Gishu County compared to gaps in knowledge of non-commercial fish species like the 'small barbs'. Some of the earlier studies i.e. Osuka and Mlewa, 2011 that tried to focus on small barbs in Uasin Gishu reservoirs only focused on one reservoir and did not focus on the influence of water quality on the spatial distribution patterns of the 'small barbs'. Since little is known about fish communities in small reservoirs and their ecology in unstable environments, there is need to understand more about them, in particular, species composition, abundance, diversity and population growth parameters (Dejen *et al.*, 2003). In general, small sized fish species (such as *Enteromius*), which are not currently commercially important, don't receive much attention. Therefore, the focus of this study was to determine the influence of water physico-chemical variables on distribution and abundance of *Enteromius spp.* in selected reservoirs of Uasin county. The objectives of the study were i) to determine the spatial patterns of *Enteromius* fish species composition and diversity in selected small water bodies in Uasin Gishu, ii) to determine the variation of water quality physico-chemical variables and how that in turn influences *Enteromius* fish species composition and diversity in the selected small water bodies in Uasin Gishu, Kenya.

## MATERIALS AND METHODS

### Study area

The study was carried out in 8 reservoirs within Uasin Gishu County, which lies across the equator at an altitude of 1,250 –1,850 m above sea level. It lies between latitude 00° 03' South and 0° 55' North and longitudes 34° 50' East and 35° 17' East (RoK, 2013). Uasin Gishu along with neighboring Trans-Nzoia, are considered Kenya's bread basket due to their large-scale maize and wheat farms which produce the bulk of the country's total harvest (KNBS, 2019). The county also has many private and public reservoirs suitable for capture fisheries with an annual production of 33,048 kg worth KShs 9,914,400 (Uasin Gishu County, 2013). A total of eight (8) public reservoirs were selected across the county depending on their location, size and human activities around them. The studied reservoirs were; Asurriet, Chepkosom, Ellegrin, Chebara, Kerita, Kesses, Usalama and Ziwa (Figure 1).



**Figure 1: Map of Uasin County showing the location of the 8 sampling sites (reservoirs) for samples of the *Enteromius* fish species**

### Field sampling

Fish sampling was done monthly from February to July 2018 in all the eight reservoirs (Asururiet, Chepkosom, Ellegirin, Chebara, Kerita, Kesses, Usalama and Ziwa). The fish were sampled by a combination of gill netting, backpack battery-powered electro-fisher and seining. Captured fish were kept in buckets filled with reservoir water until they were identified, counted, measured (cm) and weighed (g). A sub-sample of each species was preserved in 75% ethanol for confirmation of species identifications in the laboratory, and the remaining fish were returned to the point of capture. Water physico-chemical variables were measured *in situ* using a YSI multi-probe water quality meter (556 MPS, Yellow Springs Instruments, Ohio, USA). The variables measured included; Dissolved Oxygen concentration (DO, mg/L), water temperature (Temp, °C), Total Dissolved Solids (TDS, mg/L), pH (Std units), Salinity (Sal, ppt), Conductivity (EC, µS/cm) and Turbidity (NTU).

For nutrient analyses, sub-surface triplicate water samples were taken per sampling site, (Extreme ends and middle) in acid-washed High-Density Polyethylene (HDPE) bottles, then fixed with sulphuric acid immediately, and stored in a cooler before being transported to the laboratory. At the laboratory, the samples were stored at 4°C before analyses. Filtered water samples were collected for the filterable nutrients; Ammonium (NH<sub>4</sub><sup>+</sup>, mg/L), Nitrites (NO<sub>2</sub>, mg/L) and Nitrates (NO<sub>3</sub>, mg/L) while unfiltered water samples were collected for the analyses of total phosphorous (TP, mg/L) and total nitrogen (TN, mg/L).

For total suspended solids (TSS) and particulate organic matter (POM), known volumes of water samples were filtered at each sampling site through pre-weighed and pre-combusted Whatman Glass fiber filters (GF/F) of 0.42mm thickness, 0.7 µm pore size and 47mm

diameter. The GF/F filters holding the suspended matter were wrapped in aluminium foil and stored in a cooler box at 4°C before being transported to the University of Eldoret laboratory for analysis.

### Laboratory processing of samples

Identification of fish specimens was done at species level using several taxonomic guides (Peters, 1852; Fischer, 1884; Boulenger, 1911; Whitehead, 1960). Names of the Enteromius fish used in the current study are as given in Fishbase (Froese & Pauly, 2010).

Standard colorimetric procedures (APHA, 2005) were used in the laboratory to analyze nutrients in the water column samples. Nitrites (NO<sub>2</sub>), and nitrates (NO<sub>3</sub>) were analyzed using the salicylate method with the spectrophotometric absorbance being read at a wavelength of 543 nm (APHA, 2005). Ammonium (NH<sub>4</sub><sup>+</sup>) was analyzed using the hypochlorite method with the spectrophotometric absorbance of the treated sample being read at a wavelength of 655 nm (APHA, 2005). For TP, after persulfate digestion, samples were analyzed using the ascorbic acid method with absorbance read at a wavelength of 885 nm (APHA, 2005), while TN was determined using Koroleff method where after persulphate digestion absorbance was read at a wavelength of 220 nm and 275 nm (APHA, 2005).

For TSS determination, GF/F filters with embedded sediments were dried at 60 °C for 72 hours to attain constant weight. The filters were then re-weighed using an analytical balance and subtracting the weight of the filters for the determination of TSS:

$$\text{TSS (mgL}^{-1}\text{)} = ((A - B)/V) * 10^6 \quad \text{Equation 1}$$

Where: A = mass of filter + dried residue (g), B = dry mass of filter (g), and V = volume of sample filtered (L).

The filters were then ashed at 450 °C for 4 hours in a muffle furnace and re-weighed for the determination of POM as the difference between TSS and ash-free-dry mass/weight;

$$\text{POM (mgL}^{-1}\text{)} = ((C-B)/V) * 10^6 \quad \text{Equation 2}$$

Where: B = dry mass of filter (g), C = Weight of ashed filter (g) and V = volume of sample filtered (L).

### Data analyses

Descriptive statistics (means ± standard deviation) and plots were used to present spatial variation in water quality variables in the small water bodies. One-way ANOVA followed Tukey *post hoc* test was used to test for significant differences in water quality variables among the small water bodies. To reduce the dimensionality of the physico-chemical water quality variables, Principal Component Analysis (PCA) was used.

Data for species occurrence and distribution were summarized for each small water body using number of species (S), total number of individuals, biomass, and relative abundance of each species. Community structure of the samples was described in terms of taxon richness, abundance, biomass and community indices. Data for species composition and distribution was summarized for each water body and means calculated for each small water body using the number of taxa (S) and the total relative abundances.

Several diversity indices were calculated for each small water body. Shannon's diversity index (H') was derived as a measure of diversity (Magurran, 2004), and an associated H'/H'max index (Pielou, 1975) was used as a measure of evenness. The reciprocal form of the Simpson index (1-Ds) (Simpson, 1949) was used as a measure of species richness. Hill's

number (i.e., gamma diversity; Hill, 1973) and Fisher's alpha (Fisher *et al.*, 1943) were used as extra measures of fish diversity. Hill's number was calculated as the ratio between  $H'$  and  $1/D$  (Hill, 1973). Margalef's species richness index was also calculated as an extra measure of taxon richness.

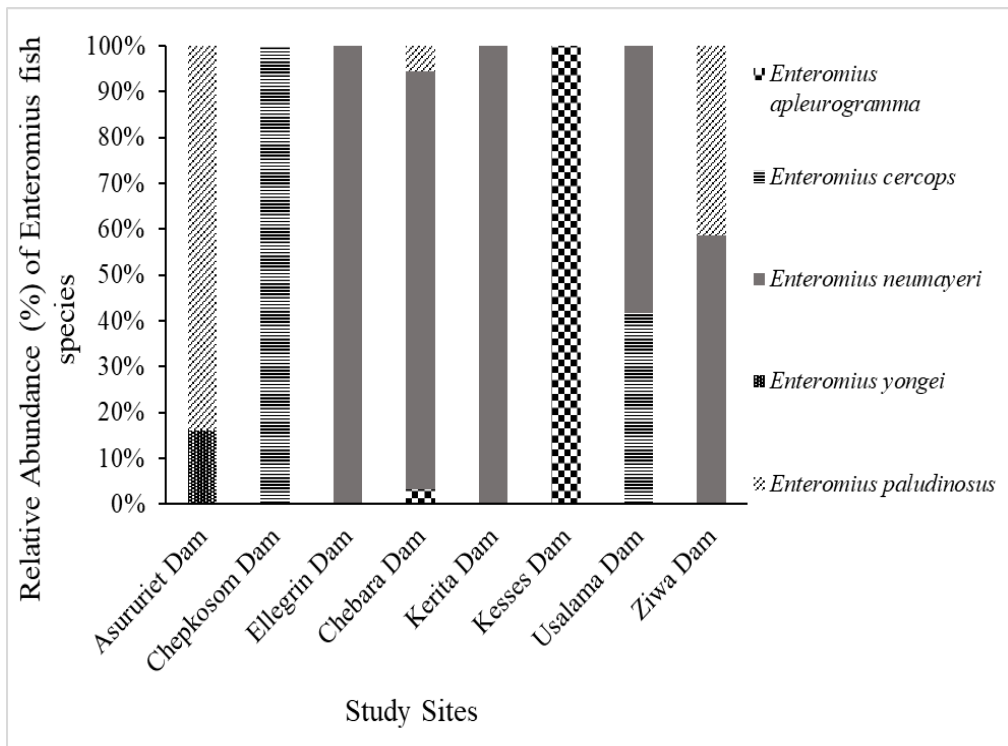
The log transformation formula of Le Cren was used to establish length-weight relationships (LWRs) (Le Cren, 1951) of the fish. The length-weight equation;  $W = a L^b$  was used to estimate the relationship between the weight (g) of the fish and its total length (cm). Using the linear regression of the log-transformed equation:  $\log(W) = \log(a) + b \log(L)$ , the parameters 'a' and 'b' were calculated with 'a' representing the intercept and 'b' the slope of the relationship. When applying this formula on sampled fish, b may deviate from the "ideal value" of 3 that represents an isometric growth (Ricker & Carter, 1958) because of certain environmental circumstances or the condition of the fish themselves. When b is less than 3, fish become slimmer with increasing length, and growth will be negatively allometric. When b is greater than 3.0, fish become heavier showing a positive allometric growth and reflecting optimum conditions for growth. Relative condition factor (Kn) was established to assess the condition of *Enteromius* fish species under study. Kn is defined as  $W_o/W_c$ , where  $W_o$  is the observed weight, and  $W_c$  is the calculated weight (Le Cren, 1951). Good growth condition of the fish is deduced when  $Kn > 1$ , while the fish is in poor growth condition when  $Kn < 1$ .

Pearson correlation analysis was used to check for the relationship between water quality variables and various fish community attributes. Canonical correspondence analysis (CCA) was used to investigate the relationship between the *Enteromius* fish species and water quality variables and nutrients across the various small water bodies.

## RESULTS

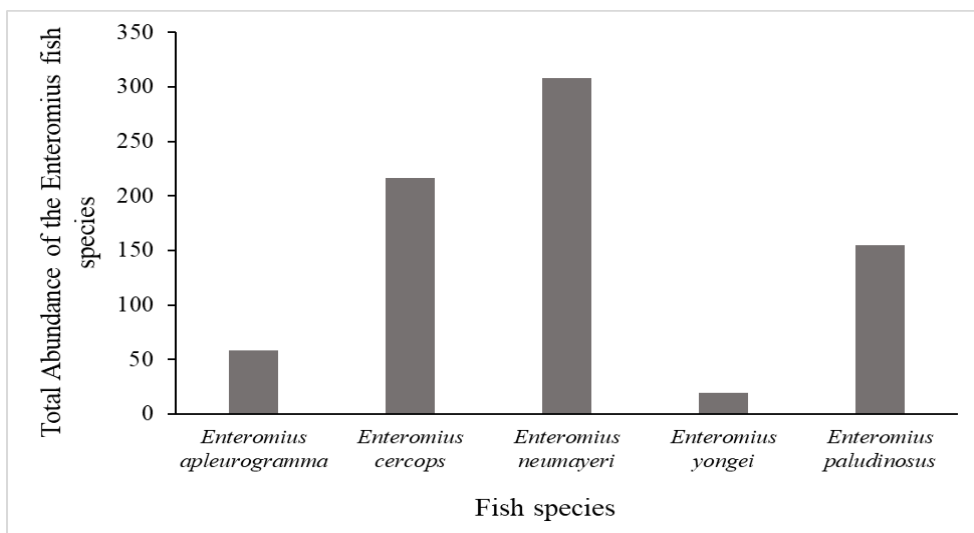
### **Spatial patterns of *Enteromius* fish species composition and diversity in selected small water bodies in Uasin Gishu**

The most common species appearing in five of the study sites (Ellegrin, Chebara, Kerita, Usalama and Ziwa reservoirs) was *E. neumayeri*. Chepkosom reservoir recorded the highest number of individuals (211). This was followed by Ziwa reservoir recording 121 individuals and Asurureit reservoir recording 119 individuals. There were significant differences in the fish abundance across the reservoirs (One-way ANOVA,  $F_7 = 2.64$ ,  $p < 0.05$ ), with Usalama reservoir recording the least number of individuals with only 22 individuals. Ellegrin reservoir recorded only a single taxa of *E. neumayeri*. Similar trends were also recorded in Chepkosom, Kerita and Kesses reservoirs where a single species was recorded. *E. cercops* was the single species recorded at Chepkosom, *E. neumayeri* in Kerita and *E. apleurogramma* at Kesses reservoir (Figure 2). *E. yongei* (16%) was only recorded at Asururiet reservoir. Asururiet also recorded the highest abundance of *E. paludinosus* (84%). Chebara recorded three taxa comprising, 5% *E. apleurogramma*, 90% *E. neumayeri* and 5% *E. paludinosus*. On the other hand, Usalama recorded two species 40% *E. cercops* and 60% *E. neumayeri* while ziwa reservoir recorded 60% *E. neumayeri* and 40% *E. paludinosus* (Figure 2).



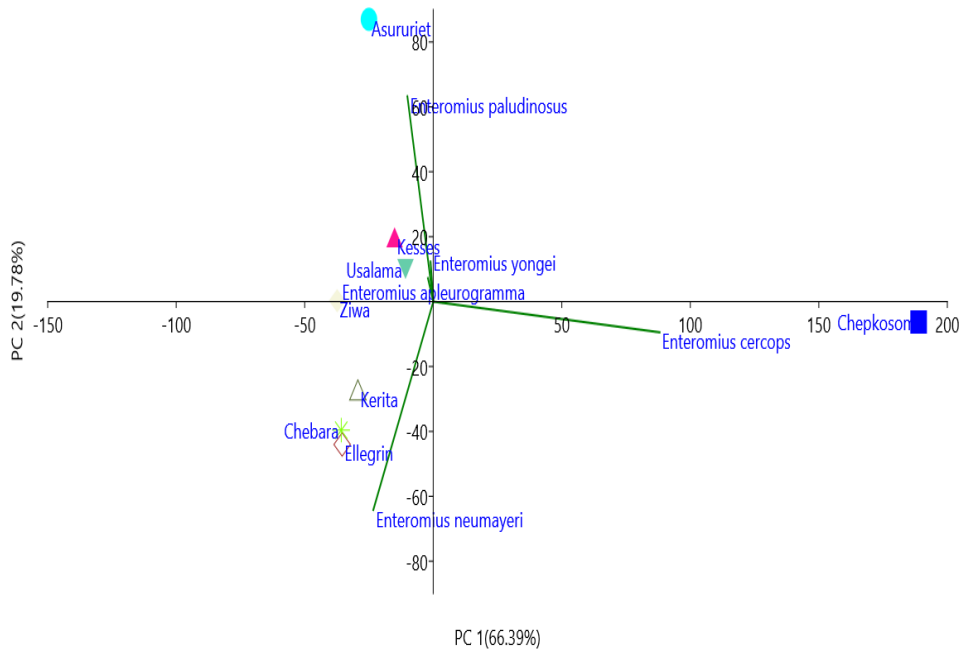
**Figure 2. The Enteromius fish species distribution and relative abundance in the 8 study reservoirs in Uasin Gishu County, Kenya**

A total of 756 fish individuals were collected during the study period. *Enteromius neumayeri* was the most abundant species with a total of 308 individuals (Figure 3). This was followed by *E. cercops* with 216 individuals while *E. yongei* recorded the least abundance with only 19 individuals (Figure 3).



**Figure 3. Total abundance of the Enteromius fish species collected from the 8 study reservoirs in Uasin County, Kenya**

The PCA summarizing the associations of the fish species in the various reservoirs explained a total of 86.17% (Figure 4). PCA (PC 1) axis explained 66.39% of the total dataset variance, while the second PCA axis (PC 2) explained 19.78% of the total variance in the *Enteromius* fish species among study sites (Figure 4). *Enteromius paludinosus* was mainly associated with Asururjet reservoir, *Enteromius cercops* with Chepkosom reservoir while *Enteromius Neumayeri* was mainly associated with conditions around Chebara, Ellegrin and Kerita reservoirs. On the other hand, *Enteromius yongei* and *Enteromius apleurogramma* were associated with the conditions around Ziwa and Kesses reservoirs (Figure 4).



**Figure 4: Principal Component Analysis Plot of the abundance scores on the first and second components of the studied *Enteromius* fish species from the 8 study Reservoirs in Uasin Gishu, Kenya**

Diversity indices of the fish samples displayed mixed results with some showing wide ranges, such as evenness, dominance, Simpson and Shannon diversity, while the rest showed narrow ranges (Table 1). Chebara recorded the highest number of taxa (3 taxa) while Chepkosom, Ellegrin, Kerita and Kesses small water bodies recording one taxa each (Table 1). Shannon diversity index was higher (0.69) in fish samples from Usalama and lower in fish samples from Chebara (0.35). Similar trends were obtained using the Simpson index ( $1/D_s$ ), with higher values (0.49) at Usalama and lowest values at Chebara (0.16) (Table 1). Pielou's evenness index displayed poor response across the small water bodies attributed to the fact that some sites recorded only one taxon. Other than the sites with one taxon that recorded a value of 1, the pattern was similar to Shannon diversity with higher (0.99) evenness being recorded at Usalama and low evenness at Chebara (0.47). In contrast, Fisher's alpha diversity showed the highest diversity still at Usalama (0.69) but the lowest at Chepkosom (0.14). Other than the sites with one taxa where a value of 1 was recorded, dominance index followed an opposite trend to diversity by being highest at Chebara (0.84) and recording lowest values at Usalama (0.51) (Table 1). Gamma diversity on the other hand indicated Chebara having the highest diversity (3.38) and Usalama having the lowest



diversity of 2.86 (Table 1). However, sites that recorded a single taxa recorded richness (Simpson) and diversity (Shannon and Gamma) scores of zero (Table 1).

**Table 1: The number of Taxa, number of individuals and the various community diversity indices of the *Enteromius* fish species in the 8 study reservoirs in Uasin Gishu, Kenya.**

Diversity Indices	Study sites							
	Asururiet	Chepkosom	Ellegarin	Chebbara	Kerita	Kesses	Usalama	Ziwa
Taxa_S	2	1	1	3	1	1	2	2
Individuals	119	211	85	92	61	55	22	121
Dominance_D	0.73	1.00	1.00	0.84	1.00	1.00	0.51	0.52
Simpson_1-D	0.27	0.00	0.00	0.16	0.00	0.00	0.49	0.48
Shannon_H	0.44	0.00	0.00	0.35	0.00	0.00	0.69	0.68
Evenness_e^H/S	0.78	1.00	1.00	0.47	1.00	1.00	0.99	0.98
Brillouin	0.42	0.00	0.00	0.32	0.00	0.00	0.56	0.66
Menhinick	0.18	0.07	0.11	0.31	0.13	0.13	0.58	0.18
Margalef	0.21	0.00	0.00	0.44	0.00	0.00	0.40	0.21
Equitability_J	0.63	0.00	0.00	0.32	0.00	0.00	0.98	0.98
Fisher_alpha	0.34	0.14	0.16	0.59	0.17	0.17	0.69	0.34
Hill's number (gamma diversity)	3.11	0.00	0.00	3.38	0.00	0.00	2.86	2.87

All the sampled *Enteromius* fish species had negative allometric growth ( $b < 3$ , t-test,  $p < 0.05$ ) with the fish increasing in length than weight (Table 2). However, *Enteromius neumayeri* had a value closer to 3, while *Enteromius yongei* had the worst growth with a b value of 1.25 (Table 2). The coefficient of determination  $r^2$  values varied between 0.85 (*Enteromius neumayeri*) and 0.11 (*Enteromius yongei*) (Table 2). Nonetheless, all the studied fish species from the reservoirs were in good growth condition ( $Kn > 1$ ) (Table 2). The total length of the sampled fish ranged from 3.00cm to 19.80cm with *Enteromius neumayeri* having the highest mean length of  $8.68 \pm 0.08$ cm while *Enteromius apleurogramma* recorded the least mean length of  $4.18 \pm 0.06$ cm (Table 2). The total weight of the sampled fish ranged from 0.23g to 30.40g with again *Enteromius neumayeri* recording the highest mean weight of  $6.60 \pm 0.18$ g while *Enteromius apleurogramma* recorded the least weight of  $0.81 \pm 0.04$ g (Table 2).

**Table 2: Sample size (n), Length-Weight relationship (based on the equation  $\log(W) = \log a + b \log(L)$ ), Relative Condition factor, mean total length (with its range) and mean total weight (with its range) measurements of the *Enteromius* fish species examined from the 8 study reservoirs during the study period in Uasin Gishu, Kenya. a: intercept, b: the slope of the equation, n: sample size, and  $r^2$ : coefficient of determination**

Sampled Species	n	a	b	$r^2$	Condition Factor		Total Length (cm)		Total Weight (g)	
					Mean	Range	Mean	Range	Mean	Range
<i>Enteromius neumayeri</i>	30	0.	2.	0.	1.05±	0.17-	8.68±	3.00-	6.60±	0.23-
	8	01	94	85	0.02	8.24	0.08	19.80	0.18	30.40
<i>Enteromius paludinosus</i>	15	0.	2.	0.	1.04±	0.12-	7.53±	5.20-	3.02±	0.58-
	5	05	04	38	0.03	0.72	0.08	9.80	0.10	6.70
<i>Enteromius apleurogramma</i>	58	0.	2.	0.	1.04±	0.35-	4.18±	3.40-	0.81±	0.30-
	03	26	44	0.03	1.58	0.06	5.50	0.04	1.43	
<i>Enteromius cercops</i>	21	0.	2.	0.	1.02±	0.70-	5.41±	3.50-	1.20±	0.43-
	6	03	17	76	0.04	1.52	0.15	7.90	0.10	3.86
<i>Enteromius yongei</i>	19	1.	1.	0.	1.04±	0.39-	5.35±	3.50-	3.63±	1.34-
	34	25	11	0.06	1.52	0.32	8.20	0.22	5.90	

#### Water physico-chemistry and nutrients

The physico-chemical variables of the eight reservoirs as presented in Table 3 indicate that all the variables differed significantly ( $p < 0.05$ ) across the reservoirs. Temperature had narrow ranges across the reservoirs with Ellegrin recording the lowest temperature of  $20.27 \pm 0.23$  and Ziwa recording the highest temperature level of  $23.07 \pm 0.58$ . Dissolved Oxygen followed an opposite trend of temperature by recording the highest levels at Chebara ( $7.23 \pm 0.01$ ) and the lowest levels of  $5.98 \pm 0.02$  at Ziwa (Table 3). Chepkosom reservoir recorded the highest values of TDS ( $64.93 \pm 0.06$ ) and salinity ( $0.11 \pm 0.001$ ) while Ellegrin recorded the highest values of TSS ( $34.97 \pm 0.03$ ) and turbidity ( $132.90 \pm 0.17$ ). Ziwa recorded the highest value of conductivity ( $116.43 \pm 0.51$ ) and all the nutrients other than TP where the highest value of  $0.18 \pm 0.001$  was recorded at Kesses (Table 3). Kesses also recorded the highest pH value ( $7.73 \pm 0.06$ ) (Table 3).

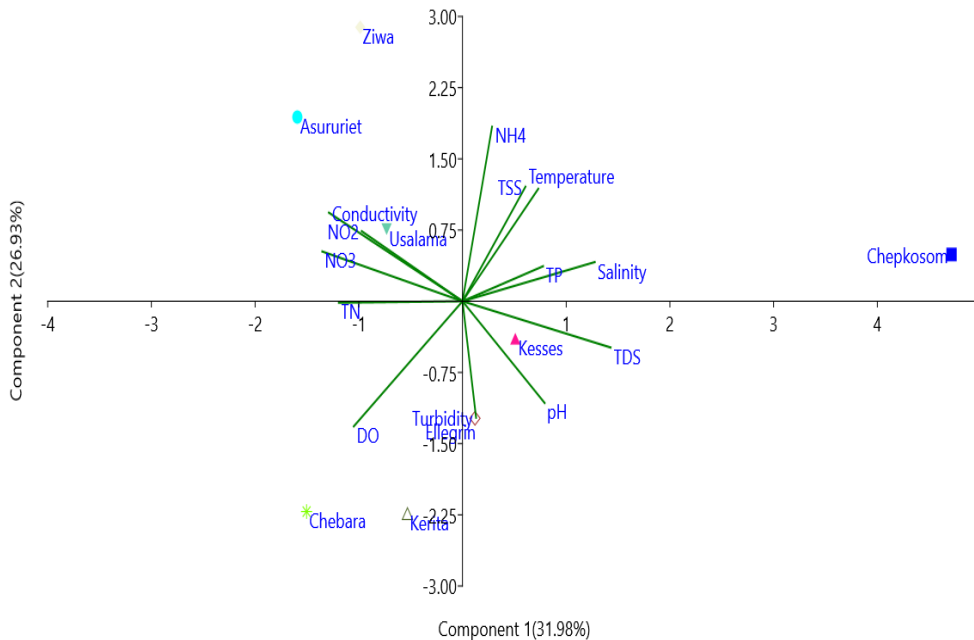
**Table 3: Means ( $\pm$  SE) variation of physico-chemical variables in the sampled reservoirs. (Temp – Temperature, Cond. -conductivity, DO - dissolved oxygen, TDS - Total dissolved solids, Sal. - Salinity, Turb. -Turbidity, TSS - total suspended solids, NH<sub>4</sub> - Ammonium, NO<sub>2</sub> - Nitrites, NO<sub>3</sub> - Nitrates, TP - total phosphorous, TN - total nitrogen).**

Variables	Sampled small water bodies								Anova	
	Asururiet	Chepkosom	Ellegrin	Chebara	Kerita	Kesses	Usalama	Ziwa	F-Value	P-Value
<b>Physico-chemical</b>										
Temp ( <sup>0</sup> C)	21.13 $\pm$ 1.02 <sup>b</sup> <sub>c</sub>	22.80 $\pm$ 0.17 <sup>a</sup>	20.27 $\pm$ 0.23 <sup>c</sup>	20.60 $\pm$ 0.35 <sup>bc</sup>	21.67 $\pm$ 0.55 <sup>abc</sup>	21.67 $\pm$ 0.58 <sup>a</sup> <sub>bc</sub>	22.17 $\pm$ 1.04 <sup>b</sup>	23.07 $\pm$ 0.58 <sup>a</sup>	7.91	<0.001*
DO (mg/L)	6.73 $\pm$ 0.06 <sup>c</sup>	5.70 $\pm$ 0.01 <sup>d</sup>	7.12 $\pm$ 0.06 <sup>ab</sup>	7.23 $\pm$ 0.01 <sup>a</sup>	7.17 $\pm$ 0.29 <sup>ab</sup>	7.12 $\pm$ 0.11 <sup>ab</sup>	6.90 $\pm$ 0.10 <sup>bc</sup>	5.98 $\pm$ 0.02 <sup>d</sup>	70.29	<0.001*
TDS (mg/L)	42.80 $\pm$ 0.17 <sup>g</sup>	64.93 $\pm$ 0.06 <sup>a</sup>	57.07 $\pm$ 0.06 <sup>c</sup>	47.60 $\pm$ 0.35 <sup>f</sup>	56.80 $\pm$ 0.17 <sup>c</sup>	62.60 $\pm$ 0.35 <sup>b</sup>	49.97 $\pm$ 0.06 <sup>e</sup>	51.77 $\pm$ 0.40 <sub>d</sub>	2575.20	0.002*
TSS (mg/L)	30.62 $\pm$ 0.33 <sup>d</sup>	32.47 $\pm$ 0.40 <sup>c</sup>	34.97 $\pm$ 0.03 <sup>a</sup>	20.63 $\pm$ 0.40 <sup>f</sup>	23.53 $\pm$ 0.06 <sup>e</sup>	32.53 $\pm$ 0.40 <sup>c</sup>	31.86 $\pm$ 0.12 <sup>c</sup>	33.55 $\pm$ 0.48 <sub>b</sub>	741.83	<0.001*
Sal. (ppt)	0.07 $\pm$ 0.001 <sup>b</sup>	0.11 $\pm$ 0.001 <sup>a</sup>	0.09 $\pm$ 0.001 <sup>a</sup>	0.04 $\pm$ 0.001 <sup>d</sup>	0.06 $\pm$ 0.001 <sup>bc</sup>	0.05 $\pm$ 0.01 <sup>cd</sup>	0.04 $\pm$ 0.01 <sup>d</sup>	0.07 $\pm$ 0.001 <sub>b</sub>	57.68	<0.001*
pH (Std_Units)	6.79 $\pm$ 0.08 <sup>de</sup>	7.31 $\pm$ 0.01 <sup>abc</sup>	7.07 $\pm$ 0.06 <sup>bcd</sup>	6.86 $\pm$ 0.12 <sup>cde</sup>	7.53 $\pm$ 0.06 <sup>ab</sup>	7.73 $\pm$ 0.06 <sup>a</sup>	6.45 $\pm$ 0.04 <sup>e</sup>	6.47 $\pm$ 0.47 <sup>e</sup>	21.40	<0.001*
Cond. ( $\mu$ S/cm)	114.80 $\pm$ 0.17 <sub>a</sub>	62.29 $\pm$ 0.17 <sup>e</sup>	92.60 $\pm$ 0.35 <sup>c</sup>	79.93 $\pm$ 0.06 <sup>d</sup>	98.93 $\pm$ 0.06 <sup>bc</sup>	102.73 $\pm$ 0.2 <sub>3<sup>b</sup></sub>	103.93 $\pm$ 0.12 <sub>b</sub>	116.43 $\pm$ 0.5 <sub>1<sup>a</sup></sub>	1957.50	0.002*
Turb. (NTU)	73.40 $\pm$ 5.42 <sup>b</sup>	102.80 $\pm$ 0.17 <sup>a</sup> <sub>b</sub>	132.90 $\pm$ 1.7 <sup>a</sup>	117.33 $\pm$ 0.64 <sup>a</sup> <sub>b</sub>	114.47 $\pm$ 0.40 <sup>a</sup> <sub>b</sub>	94.47 $\pm$ 0.40 <sup>a</sup> <sub>b</sub>	100.27 $\pm$ 0.56 <sub>ab</sub>	104.20 $\pm$ 2.2 <sup>a</sup> <sub>b</sub>	3.14	0.021*
NH <sub>4</sub> (mg/L)	0.09 $\pm$ 0.001 <sup>a</sup>	0.08 $\pm$ 0.01 <sup>ab</sup>	0.06 $\pm$ 0.01 <sup>c</sup>	0.04 $\pm$ 0.001 <sup>d</sup>	0.05 $\pm$ 0.001 <sup>cd</sup>	0.07 $\pm$ 0.01 <sup>b</sup>	0.08 $\pm$ 0.001 <sup>a</sup> <sub>b</sub>	0.09 $\pm$ 0.01 <sup>ab</sup>	37.13	<0.001*
NO <sub>2</sub> (mg/L)	0.02 $\pm$ 0.001 <sup>a</sup>	0.01 $\pm$ 0.001 <sup>b</sup>	0.01 $\pm$ 0.001 <sup>b</sup>	0.02 $\pm$ 0.001 <sup>a</sup>	0.01 $\pm$ 0.001 <sup>b</sup>	0.01 $\pm$ 0.001 <sup>b</sup>	0.01 $\pm$ 0.001 <sup>b</sup>	0.02 $\pm$ 0.001 <sup>a</sup>	16.75	<0.001*
NO <sub>3</sub> (mg/L)	0.77 $\pm$ 0.06 <sup>b</sup>	0.35 $\pm$ 0.001 <sup>c</sup>	0.80 $\pm$ 0.001 <sup>b</sup>	0.70 $\pm$ 0.001 <sup>c</sup>	0.60 $\pm$ 0.001 <sup>d</sup>	0.80 $\pm$ 0.001 <sup>b</sup>	0.70 $\pm$ 0.001 <sup>c</sup>	0.90 $\pm$ 0.01 <sup>a</sup>	199.37	<0.001*
TP (mg/L)	0.13 $\pm$ 0.001 <sup>c</sup>	0.17 $\pm$ 0.001 <sup>ab</sup>	0.16 $\pm$ 0.01 <sup>ab</sup>	0.15 $\pm$ 0.001 <sup>b</sup>	0.08 $\pm$ 0.001 <sup>d</sup>	0.18 $\pm$ 0.001 <sup>a</sup>	0.12 $\pm$ 0.001 <sup>c</sup>	0.15 $\pm$ 0.001 <sub>b</sub>	42.19	<0.001*
TN (mg/L)	1.15 $\pm$ 0.001 <sup>a</sup> <sub>b</sub>	0.70 $\pm$ 0.001 <sup>c</sup>	1.40 $\pm$ 0.001 <sup>a</sup>	1.10 $\pm$ 0.001 <sup>b</sup>	1.40 $\pm$ 0.001 <sup>a</sup>	1.20 $\pm$ 0.001 <sup>a</sup> <sub>b</sub>	1.10 $\pm$ 0.001 <sup>b</sup>	1.50 $\pm$ 0.001 <sup>a</sup>	21.77	<0.001*

\*Means that do not share a letter are significantly different, Tukey *post hoc* tests

\**p* –values with asterisks are significantly different among sites at *p* < 0.05

There were significant differences in water physico-chemical variables among reservoirs (PERMANOVA  $F = 8.21$ ,  $df = 4$ ,  $p = 0.01$ ). The relationships among water quality variables in the reservoirs were summarized by the PCA (Figure 5). PCA (PC 1) axis explained 31.98% of the total dataset variance, while the second PCA axis (PC 2) explained 26.93% of the total variance in water physico-chemistry among site categories (Figure 5). Chebara was associated with high DO levels, Ellegrin with turbidity, while Kesses was associated with pH and TDS (Figure 5). Asururiet and Ziwa reservoirs were associated with high conductivity levels while the important variables around Cheopkosom were TP and salinity levels. High nutrient levels ( $\text{NO}_2$  and  $\text{NO}_3$ ) were associated with Usalama and Ziwa reservoirs (Figure 5).



**Figure 5: Principal component analysis of physico-chemical variables and nutrients in the 8 study reservoirs during the study period in Uasin Gishu, Kenya. DO= dissolved oxygen,  $\text{NO}_3$ = nitrates, TP= total phosphorous, TN= total nitrogen,  $\text{NH}_4$ = Ammonium, TSS= total suspended solids**

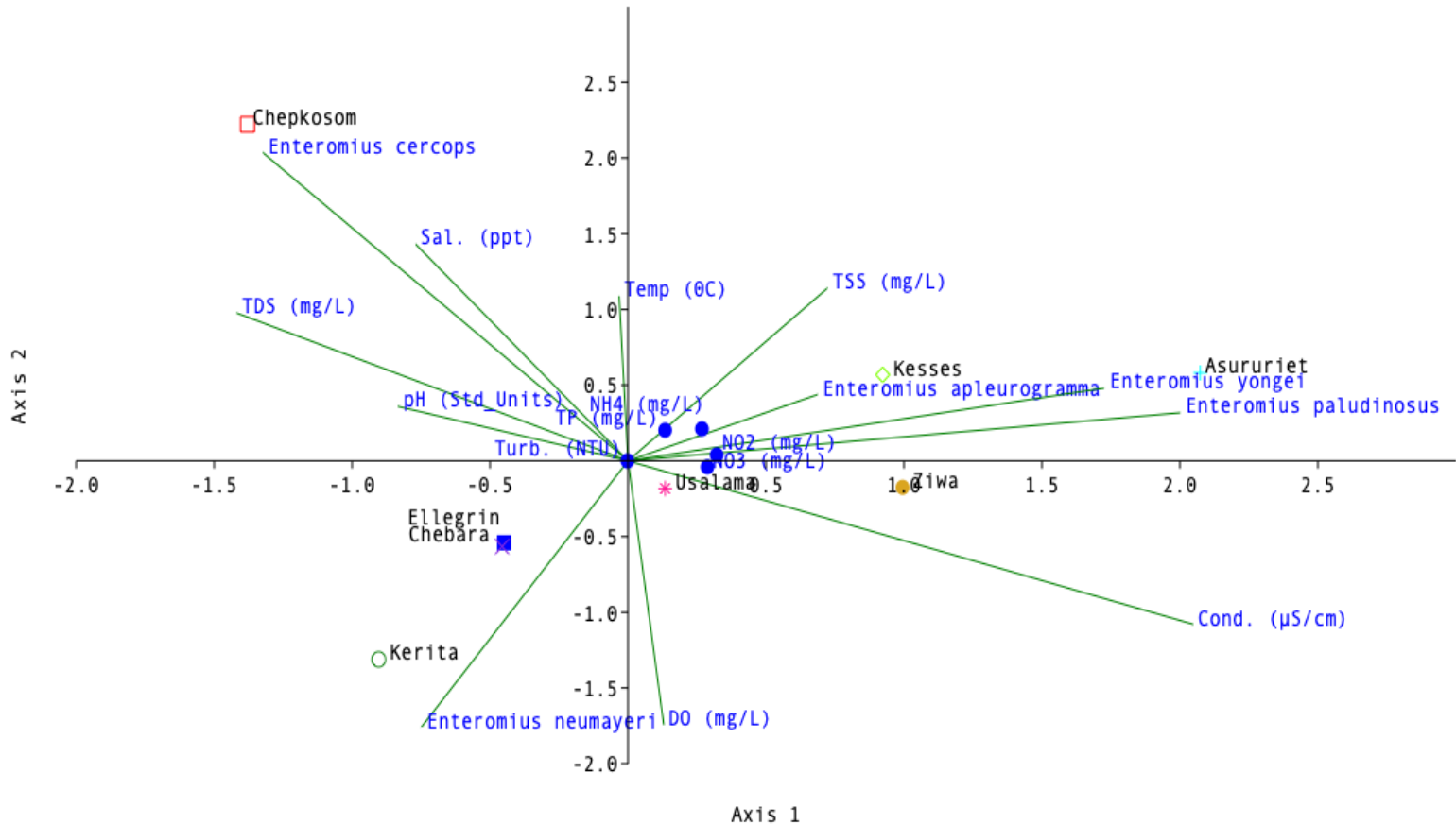
### **Influence of water quality physico-chemical variables on *Enteromius* fish diversity and composition in the selected small water bodies in Uasin Gishu**

The community attributes of fish were related to selected water quality variables and nutrients (Table 4). Dissolved oxygen (had a significant strong positive correlation,  $r = 0.72$ ) with the occurrence and abundance of *E. cercops* and *E. neumayeri* (Table 4). Total dissolved solids (TDS) affected the total abundance of the *Enteromius* species by recording a significant negative correlation ( $r = -0.80$ ) (Table 4). *E. cercops* negatively correlated with salinity ( $r = -0.71$ ) and conductivity ( $r = -0.76$ ). On the other hand, turbidity positively correlated with *E. neumayeri* ( $r = 0.80$ ) but negatively correlated with *E. yongei* ( $r = -0.73$ ) (Table 4). Nutrients also displayed mixed correlations with nitrites positively correlating with number of total taxa ( $r = 0.79$ ) and *E. paludinos* ( $r = 0.73$ ) while both nitrates ( $r = -0.85$ ) and total nitrogen ( $r = -0.80$ ) negatively correlated with the composition of *E. cercops* (Table 4). All the correlations were strong ( $r > .70$ ) and significant ( $p < .05$ ).

**Table 4: Pearson correlation analysis among fish community attributes with water quality variables. (Cond.-conductivity, DO- dissolved oxygen, TDS- Total dissolved solids, Sal.- Salinity, Turb.-Turbidity, TSS-total suspended solids, NH<sub>4</sub>- Ammonium, NO<sub>2</sub>- Nitrites, NO<sub>3</sub>- Nitrates, TP-total phosphorous, TN-total nitrogen).**

Community attributes	Water Physico-Chemistry												
	Temp (°C)	DO (mg/L)	TDS (mg/L)	TSS (mg/L)	Sal. (ppt)	pH (Std_Units)	Cond. (µS/cm)	Turb. (NTU)	NH <sub>4</sub> (mg/L)	NO <sub>2</sub> (mg/L)	NO <sub>3</sub> (mg/L)	TP (mg/L)	TN (mg/L)
Total abundance	0.32	0.60	0.26	0.16	0.80	0.08	-0.52	-0.12	0.29	0.23	-0.51	0.41	-0.50
No. total taxa	-0.15	0.44	<b>-0.80</b>	-0.48	-0.56	-0.69	0.14	-0.14	-0.10	<b>0.79</b>	0.29	-0.08	-0.01
% <i>E. apleurogramma</i>	-0.03	0.30	0.43	0.16	-0.29	0.60	0.12	-0.22	-0.04	-0.27	0.24	0.48	0.01
% <i>E. cercops</i>	0.47	<b>0.72</b>	0.57	0.20	<b>-0.71</b>	0.23	<b>-0.76</b>	-0.05	0.22	-0.30	<b>-0.85</b>	0.34	<b>-0.80</b>
% <i>E. neumayeri</i>	-0.38	<b>0.77</b>	-0.19	-0.34	-0.11	-0.22	0.00	<b>0.80</b>	-0.59	0.25	0.34	-0.18	0.62
% <i>E. yongei</i>	-0.22	-0.01	-0.61	0.05	0.06	-0.20	0.41	<b>-0.73</b>	0.44	0.49	0.16	-0.16	-0.07
% <i>E. paludinosus</i>	0.04	0.16	-0.66	0.14	0.07	-0.43	0.59	-0.69	0.60	<b>0.73</b>	0.38	-0.10	0.16

\*Marked in bold are values for significant correlations ( $p < .05$ ).



**Figure 6: The CCA triplot on the association between water quality variables with the *Enteromius* fish species in the 8 study reservoirs in Uasin Gishu, Kenya. Cond.-conductivity, DO- dissolved oxygen, TDS- Total dissolved solids, Sal.- Salinity, Turb.-Turbidity, TSS-total suspended solids, NH<sub>4</sub>- Ammonium, NO<sub>2</sub>- Nitrites, NO<sub>3</sub>- Nitrates, TP-total phosphorous, TN-total nitrogen**

The Canonical Correspondence Analysis (CCA) triplot between selected variables (water physico-chemical parameters and nutrients) and the *Enteromius* fish species showed distinct patterns (Figure 6). The variables correlated with specific fish assemblages at different reservoirs. The first two components explained 94.24% of the total variation with the first principle component accounting for 82.01% and the second principle component 12.23% (Figure 6). *Enteromius cercops* occurred mainly at Chepkosom and was associated with salinity, temperature and TDS levels. *Enteromius neumayeri* mainly occurred at Kerita and was associated with increased levels of DO (Figure 6). *Enteromius apleurogramma* mainly occurred at Kesses and was associated with high TSS levels while *Enteromius yongei* and *Enteromius paludinosus* occurred in Asurureit reservoir and were mainly affected by conductivity, nitrites and nitrates (Figure 6).

## DISCUSSION

### **Spatial patterns of *Enteromius* fish composition and diversity in the selected small water bodies in Uasin Gishu**

This study shows that *Enteromius* fish species displayed spatial variability in abundance, diversity and taxon richness in response to changes in water quality and nutrients in the various reservoirs. A total of 756 individuals from 5 *Enteromius* fish species were recorded from the major reservoirs of Uasin Gishu County, Kenya (Figure 3). This abundance is higher compared to an earlier study by Osuka & Mlewa, 2011 while working on small barbs in Chepkoilel reservoir in Uasin Gishu. However, the abundance in the current study is quite low compared with the abundance of *Enteromius* reported in the Basin Rivers and Lake Victoria (Witte *et al.*, 1992; Raburu & Masese, 2012; Achieng *et al.*, 2021; Masese *et al.*, 2020). The observed declining trend in fish population in the study reservoirs is consistent with most reservoirs and small lakes in developing countries such as Lake Chapala (Moncayo-Estrada *et al.*, 2012), Kyoga Lake system (Ogutu-Ohwayo *et al.*, 2013), and Lake Naivasha (Yongo *et al.*, 2021). This phenomenon could be attributed to deterioration in the environmental conditions and to the ever-increasing fishing effort resultant from population growth and lack of alternative livelihood.

Owing to the small sizes of the *Enteromius* fish, there is a likelihood of recruitment overfishing of the slightly large-bodied ones due to the market preference of large-sized fish. Studies on other species such as that by Gichuru *et al.* (2019) noted that the *Oreochromis niloticus* fishery in Uasin Gishu small water bodies was driven by market preferences of large-sized *Oreochromis niloticus*. These large-sized fish are primarily spawners, potentially resulting in recruitment overfishing in the reservoir thus resulting to lack of reproduction hence low abundance and reduced diversity. Introducing new fish species in a water body is problematic if they compete for the same niche with native and non-native fish which are ecologically more versatile. Given that the *Enteromius* fish were introduced in the reservoirs together with other species such as *Oreochromis* and *Clarias*, the low abundance and diversity may also be attributed to competition and/or predation from other fish species.

Fish species richness differed among the reservoirs with Chebara recording the highest number of taxa (3 taxa) while Chepkosom, Ellegrin, Kerita and Kesses recording one taxa each (Table 1). The diversity indices used were largely in agreement regarding differences in fish diversity and richness among the reservoirs (Table 1). The low values of the Shannon diversity index ( $H' < 1.0$ ), indicate widespread degradation affecting fish communities in all the reservoirs. The diversity indices at all study reservoirs were relatively low due to the occurrence of few numbers of species in the

reservoirs. An early study by Osuka and Mlewa, 2011 reported the existence of *Enteromius kerstenii* and *Enteromius jacksonii* from a reservoir within the study region which are missing in the current study. Generally,  $H'$  is the value that combines species diversity and evenness, where  $>3.99$  is considered as non-impacted;  $3.00-3.99$  slightly impacted;  $2.00-2.99$  moderately impacted and  $< 2.00$ , severely impacted (Namin & Spurny, 2004).

The smaller reservoirs (Chepkosom, Ellegrin, Kerita and Kesses) seemed to be more affected, by having depauperate communities with high dominance of just one species (Figure 2). *E. neumayeri* was the species that showed increased abundance and distribution in the reservoirs, an indication that it is not highly affected by ongoing human-mediated environmental and ecological changes. Studies with rivers in the Lake Victoria Basin (LVB) also found *E. neumayeri* as the most abundant and widely spread *Enteromius* species (Raburu & Masese, 2012; Masese & McClain, 2012; Achieng *et al.*, 2020; Masese *et al.*, 2020).

Hill's number (gamma diversity) indicated Chebara reservoir as having the highest diversity and Usalama reservoir having the lowest diversity (Table 1) which was completely opposite of Shannon diversity and can be assumed as not being able to capture variability in species diversity among the reservoirs. Lack of variability in Hill's number across the reservoirs indicates lack of significant differences in the fish communities (Jost, 2007). On the contrary, Fisher's alpha diversity showed clear differences among reservoirs as Shannon diversity, suggesting that it is less sensitive to numerical dominance of fish communities by a few common species, hence better suited at assessing anthropogenic influences on the diversity of fishes (Table 2).

All the sampled *Enteromius* fish species had negative allometric growth ( $b < 3$ , t-test,  $p < 0.05$ ) with the fish increasing in length than weight (Table 2). The negative allometric growth deduced for all the analyzed fish could suggest that these species have a relatively slow growth rate and tend to be thinner. Thus, this could be suggesting that the environmental conditions in the reservoirs did not favor the growth of the *Enteromius* fish species. Nonetheless, all the studied fish species from the reservoirs were in good growth condition ( $Kn > 1$ ) (Table 2).

### **Variation of water quality physico-chemical variables and influence on *Enteromius* fish species composition and diversity in the selected small water bodies in Uasin Gishu**

The physico-chemical variables of the studied small water bodies showed that all the variables differed significantly across the reservoirs (Table 1). Land-use mainly agriculture and livestock rearing around the reservoirs played significant roles in influencing water quality in the study reservoirs. Differences in reservoir sizes and agricultural activities around them amplified the effects of water quality, with low dissolved oxygen, increased concentrations of nutrients, suspended solids, and higher electrical conductivity being associated with reservoirs located within areas with increased human activities.

The higher mean temperature at Ziwa and Chepkosom reservoirs (Table 3) could be attributed to the open canopy cover along the riparian zones of the reservoirs, while the lower mean temperature at Ellegrin and Chebara reservoirs (Table 3) could be due to the presence of vegetation cover. Chebara reservoir rises in the Embobut Forest and sits the centre of a wooded area part of which for its set up (Chepsiror, 2020). Ecological studies report vegetation cover and macrophytes in aquatic bodies limit solar radiation reaching the water thus reducing fluctuations in water temperature



(Aura *et al.*, 2011; López-Carr & Burgdorfer, 2013; Masese *et al.*, 2017; Sitati *et al.*, 2021; Yegon *et al.*, 2021). Temperature probably has the greatest influence on growth, development, health, distribution and survival of fish. Fish community structure depends on biotic interactions and abiotic variables; with the latter playing an important role in highly variable freshwater systems such as tropical reservoirs. The favourable mean temperature at Chebara reservoir favoured the existence of more *Enteromius* taxa as Chebara reservoir recorded the highest number of taxa (Table 1).

The higher electrical conductivity recorded in almost all the reservoirs (Table 1) can be attributed to the runoff from farmlands and the use of these reservoirs as livestock watering points mainly during the dry season. Studies focusing on the influence of land-use change on aquatic ecosystems (Minaya *et al.*, 2013; Masese *et al.*, 2014; Mwaijengo *et al.*, 2020; Sitati *et al.*, 2021) report similar results by recording higher levels of conductivity in disturbed aquatic ecosystems as being characterized by high in-stream ionic concentrations. Nutrients also displayed mixed correlations with nitrites positively correlating with number of total taxa and *E. paludinos* species while both nitrates and total nitrogen negatively correlated with the composition of *E. cercops* (Table 3). Earlier studies reported that increase in dissolved fractions of nitrogen, sodium, and potassium are indicators of disturbance attributed to intensive agriculture (crop farming and livestock) in the region (Minaya *et al.*, 2013; Jacobs *et al.*, 2017; Arofah *et al.*, 2021). Anthropogenic activities such as agricultural activities, negatively affect the associated water body by introducing sediments and nutrient loads. The excess nutrient input can result in eutrophication and is associated with unpalatable and toxic cyanobacteria (Ngodhe *et al.*, 2014; Yongo *et al.*, 2021). The higher levels of nutrients (nitrites, nitrates and total nitrogen) recorded at Ziwa (Table 3) can be attributed to the nitrogenous fertilizers used in farmlands around the reservoirs for large-scale production of maize. The high levels of nutrients in the reservoir led to algal bloom and could only be inhabited by algal feeding *Enteromius* species which are hardy to survive in strained conditions, thus *E. neumayeri* and *E. paludinosus* co-dominated Ziwa reservoir. These species have been reported to feed on algae, diatoms, and detritus (Froese & Pauly, 2010).

Dissolved oxygen strongly positively correlated significantly with the occurrence and abundance of *E. cercops* and *E. neumayeri* meaning the reservoirs that have higher dissolved oxygen concentration favors the presence of the species (Table 4). These implies that an increase in DO levels led to an increase in the abundance of *E. cercops* and *E. neumayeri*, which corresponds to the results as *E. neumayeri*, was the most abundant followed by *E. cercops* (Figure 3). However, *E. cercops* negatively correlated with salinity and conductivity, meaning an increase in salinity and conductivity affected (reduced) the presence and abundance of *E. cercops* in the reservoirs (Table 4). In the current study, Chebara, Asurureit and Usalama reservoirs that recorded more taxa had favourable water quality conditions as compared to Ziwa and Chepkosom reservoirs that recorded poor water quality conditions. These results are also supported by Duque *et al.* (2020), Mironovsky (2020), Achieng *et al.* (2021), Masese *et al.* (2020) and Orina *et al.* (2021) who concluded that the distribution of fish assemblages is set by physical and chemical tolerance of the individual species to an array of environmental factors.

## CONCLUSION

The results indicate that the *Enteromius* fish assemblages in the reservoirs are subject to deterministic processes through the occurrence of gradients caused by changes in environmental conditions, such as deterioration of water quality. These differences are

then amplified or ameliorated by fishing activities of spawners leading to low recruitment in the reservoirs. Literature on *Enteromius* fish in Uasin Gishu reservoirs remains scanty despite their ecological and conservational importance as well as their roles in food security. This study plays an important role as it forms the basis for long-term monitoring as it provides the diversity and distribution of the available *Enteromius* species in the small water bodies. The findings of this study have indicated the importance of evaluation of species composition in small tropical reservoirs. Given that there is no reservoir that supports all the *Enteromius* fish diversity in healthy and sustainable populations, conservation and protection of all the reservoirs in Uasin Gishu is crucial.

## ACKNOWLEDGEMENTS

The authors acknowledge financial support from The University of Eldoret annual Research Grant Cohort 6 awarded to Josephine Mulei.

## Conflict of Interest

The authors declare no conflict of interest.

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